

# agenda

Symposium approved for 5.5 BOC CEUs. CME: TBD

## morning session

- 7:00-7:30 Registration & Continental Breakfast  
7:30 Welcome
- 7:40-8:10 **Concussion in the New Millennium:**  
Kelsey Logan, MD
- 8:15-8:45 **Recognition & Evaluation of Concussion:** Anthony Alessi, MD
- 8:50-9:20 **Concussion Management: The First 72 Hours and Beyond:**  
Mark McCarthy, ATC
- 9:30-9:50 **BREAK**
- 9:25-10:25 Concurrent Workshop:  
**Clinical Guidelines for the Athletic Trainer Utilizing ImPACT\***  
Michael Lee, MD  
*(pre-registration required; limited enrollment)*
- 9:50-10:20 **Neurocognitive Testing Applications for Sports-Related Concussion** Adam Perrin, MD
- 10:20-10:50 Panel Discussion: **Return to Play Issues**
- 10:50-11:20 **"Athletic Trainers as Advocates"**
- 11:00-11:30 Concurrent Physician Session:  
**Concussion Management: Implications for Your Practice**
- 11:20-12:30 **Lunch & CATA Business Meeting**

## afternoon session

- 12:30-1:00 **Issues with Computerized Neuropsychological Testing:**  
Thomas Trojian, MD
- 1:00-1:30 **Management of the Adolescent/Young Athlete with Post-Concussion Syndrome and Persistent PCS:**  
Joel Becker, PhD
- 1:30-2:00 **Living with Post-Concussion Syndrome:**  
Athlete Panel
- 2:00-2:30 Panel Discussion:  
**Concussion Management With & Without Computerized Neuropsychological Testing**

Post-symposium workshop information listed inside.



Connecticut Athletic Trainers Association  
P.O. Box 155  
Durham, CT 06422-0155

# Current Management Techniques for Sports-Related Concussion: Practical Applications



## 2009 Symposium



May 18, 2009

Central Connecticut State University Student Center  
New Britain, CT

## the program

This course is designed for athletic trainers, physicians, neuropsychologists, school nurses and others who are involved in the assessment and management of athletes sustaining concussion.

There have been numerous advances in the area of sports-related concussion in recent years. The 2009 CATA Annual Symposium will focus on new research and knowledge for the evaluation and management of sports-related concussion, and will strive to provide information and strategies to allow clinicians to immediately incorporate what is presented into practice.

Participants will have an opportunity to expand their understanding of appropriate management of sports-related concussion through lectures and panel discussions. *Concurrent sessions* specifically for Athletic Trainers and Physicians are being offered, and optional *Post-Symposium Workshops* will provide in-depth information about specific topic areas. Free and open discussion between participants and faculty is encouraged. **Symposium approved for 5.5 BOC CEUs. CME: TBD.**

## post-symposium workshops

Full descriptions of the post-symposium workshops at [www.ctathletictrainers.org](http://www.ctathletictrainers.org). **Pre-registration is required.**

2:30-4:30 **1. Craniosacral Therapy: Treating the Source, Not Just the Symptoms!** (2 CEUs. CME: TBD)  
**Kathryn Peck, ATC, LAT, CMT, LMT**

**2. Introduction to ImPACT\* as a Clinical Tool** (2 CEUs. CME: TBD)  
**Joel Becker, PhD & Mark McCarthy, ATC**

### Post-Symposium Student Athletic Trainer Workshop – FREE!

2:30-4:00 **Concussion Knowledge: Putting It All Together: Dr. Kelsey Logan**

\*The CATA does not promote or endorse a particular neurocognitive testing program or any other product. We are providing information related to ImPACT in response to member requests and interest, and the fact that we are doing so should not be construed as an endorsement.

## the faculty

**Anthony Alessi, MD**

**Joel Becker, PhD**

**Michael Lee, MD**

**Kelsey Logan, MD**

**Mark McCarthy, ATC, LAT**

**Kathryn Peck, ATC, LAT, CMT, LMT**

**Adam Perrin, MD**

**Thomas Trojian, MD**

## the location

**Central Connecticut State University  
Student Center  
1615 Stanley St., New Britain, CT**

### Directions

**From the North (Massachusetts):** Take 91 South to 84 West to Exit 39A, to Rte. 9 South. Get off Exit 29 and take a right at the end of the exit ramp onto Ella T. Grasso Boulevard. At the third traffic light, take a left into the Student Center Parking Lot.

**From the Southwest (Stamford/New Haven):** Take 95 North to 91 North to Exit 22 North, to Rte. 9 North. Follow Rte. 9 North and take Exit 29, Rte. 175. At the traffic light at the end of the exit ramp, go straight and follow Fenn Road to the second traffic light, and take a left turn onto Ella T. Grasso Boulevard. At the third traffic light, take a left into the Student Center Parking Lot.

**From the Southeast (Groton/New London):** Take 95 South to Rte. 9 North to Exit 29, Rte. 175. At the traffic light at the end of the exit ramp, go straight and follow Fenn Road to the second traffic light, and take a left turn onto Ella T. Grasso Boulevard. At the third traffic light, take a left into the Student Center Parking Lot.

**From the East (Hartford):** Take 84 West to Exit 39A, to Rte. 9 South. Get off Exit 29 and take a right at the end of the exit ramp onto Ella T. Grasso Boulevard. At the third traffic light, take a left into the Student Center Parking.

**From the West (Danbury/Waterbury):** Take 84 East to Exit 39A, to Rte. 9 South. Get off Exit 29 and take a right at the end of the exit ramp onto Ella T. Grasso Boulevard. At the third traffic light, take a left into the Student Center Parking.

## registration

**Online registration:**  
[www.ctathletictrainers.org](http://www.ctathletictrainers.org)

Name \_\_\_\_\_

Address \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Zip: \_\_\_\_\_

Day Phone \_\_\_\_\_

Evening Phone \_\_\_\_\_

Company \_\_\_\_\_

Title \_\_\_\_\_

### Pricing by 5/1 after 5/1

- |  |       |       |
|--|-------|-------|
| <input type="checkbox"/> NATA Member   | \$80  | \$100 |
| <input type="checkbox"/> Non-NATA Member   | \$105 | \$125 |
| <input type="checkbox"/> NATA Student Member   | \$15  | \$20  |
| <input type="checkbox"/> Non-NATA Student Member   | \$20  | \$25  |
| <input type="checkbox"/> Concurrent ImPACT Workshop for Athletic Trainers (FREE!) Limited enrollment – It is strongly recommended you <b>register online</b> for this session! |       |       |

### Post-Symposium Workshops 2 additional CEUs - Choose 1

- |  |              |
|--|--------------|
| <input type="checkbox"/> Craniosacral Therapy            | \$25         |
| <input type="checkbox"/> Intro. to ImPACT                | \$25         |
| <input type="checkbox"/> Post-Symposium Student Workshop | <b>FREE!</b> |



Make checks payable to "CATA" and mail to:

**CATA  
P.O. Box 155  
Durham, CT 06422-0155**

